

## January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5. Pancakes, frozen strawberries</p> <p>Broccoli &amp; Cheese Quiche, Mac &amp; Cheese, corn, milk</p> <p>Oranges, graham wafers</p>	<p>6. Cinnamon Raisin toast, apples</p> <p>Salmon Nuggets, mashed potatoes, frozen carrots, milk</p> <p>Frozen yogurt tubes, frozen peaches</p>	<p>7. Shreddies, milk, pears</p> <p>Tomato, Macaroni soup, Grilled cheese sandwiches, Cucumbers, milk</p> <p>Cocoa Zucchini loaf, Bananas</p>	<p>8. Fruit Yogurt, granola</p> <p>Pulled pork, buns, coleslaw, pepper slices, milk</p> <p>Pita bread, Tzatziki, cucumbers</p>	<p>9. Rye toast, eggs, apples</p> <p>Roasted chicken, Pasta Parmesan, Peas, milk</p> <p>Fruit Salad, Breadsticks</p>
<p>12. Yogurt, Bananas</p> <p>Quesadillas, with chicken, cheese, corn, pepper slices milk</p> <p>Cheese, Pickles, Ritz crackers</p>	<p>13. Applesauce, Granola</p> <p>Lasagna, Garden salad with lettuce, tomatoes, carrots &amp; cucumbers, milk</p> <p>Oatmeal cookies, apples</p>	<p>14. English muffins, fruit spread, plums</p> <p>Turkey noodle soup, Sub sandwiches with chicken, lettuce, cheese, milk</p> <p>Melba toast, cream cheese, cucumbers</p>	<p>15. Mini Wheats, milk, peaches</p> <p>Meatballs, rice, peas, roasted carrots, milk</p> <p>Banana bread, blueberries</p>	<p>16. Mini Croissants, pineapple</p> <p>Chicken/veg pot pie Garden salad, buns, milk</p> <p>Trail mix, Honeydew melon</p>
<p>19. Rice Crispies, Milk bananas</p> <p>Chili, buns, pepper slices</p> <p>Rice cakes, plums</p>	<p>20. Cinnamon Raisin Bagels, Strawberries</p> <p>Chicken vegetable stew, buns, pepper slices, milk</p> <p>Cranberry Granola bars, oranges</p>	<p>21. Egg bites, pears</p> <p>Penne pasta, Meat sauce, cooked carrots, milk</p> <p>Pita pieces, salsa</p>	<p>22. Apple cinnamon oatmeal, berries</p> <p>Taco bake, garden salad, milk</p> <p>Rice crackers, cheese, cucumbers</p>	<p>23. Fruit Yogurt, granola</p> <p>Chicken vegetable fajitas, cucumber slices, salsa, sour cream, milk</p> <p>Oatmeal raisin cookies, Apple slices</p>
<p>26. Bagels, cream cheese, apples</p> <p>Shepherd's pie, buns, cucumbers, milk</p> <p>Bananas, breadsticks, wow butter</p>	<p>27. Cheerios, milk, blueberries</p> <p>Beef-a-Roni, cucumbers/pepper slices, garlic bread, milk</p> <p>Pears, arrowroot cookies</p>	<p>28. Yogurt, frozen berries, granola</p> <p>Ham Roasted potatoes, cooked green beans, corn, milk</p> <p>Cantaloupe, crackers,</p>	<p>29 Tea Biscuits, fruit spread, plums</p> <p>Roasted Chicken, rice, cooked mixed vegetables, bread, milk</p> <p>Cocoa Zucchini loaf, bananas</p>	<p>30. Apple sauce, melba toast</p> <p>Meatloaf, Mashed potatoes, corn, peas, milk</p> <p>Fruit fiesta, animal crackers.</p>