

## January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
5. Pancakes, frozen strawberries  Broccoli & Cheese Quiche, Mac & Cheese, corn, milk  Oranges, graham wafers	6. Cinnamon Raisin toast, apples  Salmon Nuggets, mashed potatoes, frozen carrots, milk  Frozen yogurt tubes, frozen peaches	7. Shreddies, milk, pears  Tomato, Macaroni soup, Grilled cheese sandwiches, Cucumbers, milk  Cocoa Zucchini loaf, Bananas	8. Fruit Yogurt, granola  Pulled pork, buns, coleslaw, pepper slices, milk  Pita bread, Tzatziki, cucumbers	9. Rye toast, eggs, apples  Roasted chicken, Pasta Parmesan, Peas, milk  Fruit Salad, Breadsticks
12. Yogurt, Bananas  Quesadillas, with chicken, cheese, corn, pepper slices milk  Cheese, Pickles, Ritz crackers	13. Applesauce, Granola  Lasagna, Garden salad with lettuce, tomatoes, carrots & cucumbers, milk  Oatmeal cookies, apples	14. English muffins, fruit spread, plums  Turkey noodle soup, Sub sandwiches with chicken, lettuce, cheese, milk  Melba toast, cream cheese, cucumbers	15. Mini Wheats, milk, peaches  Meatballs, rice, peas, roasted carrots, milk  Banana bread, blueberries	16. Mini Croissants, pineapple  Chicken/veg pot pie Garden salad, buns, milk  Trail mix, Honeydew melon
19. Rice Crispies, Milk bananas  Chili, buns, pepper slices  Rice cakes, plums	20. Cinnamon Raisin Bagels, Strawberries  Chicken vegetable stew, buns, pepper slices, milk  Cranberry Granola bars, oranges	21. Egg bites, pears  Penne pasta, Meat sauce, cooked carrots, milk  Pita pieces, salsa	22. Apple cinnamon oatmeal, berries  Taco bake, garden salad, milk  Rice crackers, cheese, cucumbers	23. Fruit Yogurt, granola  Chicken vegetable fajitas, cucumber slices, salsa, sour cream, milk  Oatmeal craisin cookies, Apple slices
26. Bagels, cream cheese, apples  Shepherd's pie, buns, cucumbers, milk  Bananas, breadsticks, wow butter	27. Cheerios, milk, blueberries  Beef-a-Roni, cucumbers/pepper slices, garlic bread, milk  Pears, arrowroot cookies	28. Yogurt, frozen berries, granola  Ham Roasted potatoes, cooked green beans, corn, milk  Cantaloupe, crackers,	29. Tea Biscuits, fruit spread, plums  Roasted Chicken, rice, cooked mixed vegetables, bread, milk  Cocoa Zucchini loaf, bananas	30. Apple sauce, melba toast  Meatloaf, Mashed potatoes, corn, peas, milk  Fruit fiesta, animal crackers.