

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sept 29. Toast, apples, cheese</p> <p>Scrambles eggs, roasted potatoes, peas, bread, milk</p> <p>Trail mix, Peaches</p>	<p>30. Bagels, cream cheese, apples</p> <p>Meatballs, rice, peas, corn, cucumbers, milk</p> <p>Pears, arrowroot cookies</p>	<p>Oct 1. Yogurt, fruit fiesta</p> <p>Mini deluxe pizza, cob salad, milk</p> <p>Cantaloupe, crackers, wow butter</p>	<p>2. Apple sauce, granola</p> <p>Sloppy Joes, corn, veggie slices milk</p> <p>Wrap, cream cheese, cucumber slices</p>	<p>3. Cherrios, milk, bananas</p> <p>Chicken/vegetable stir fry, rice, green beans, milk</p> <p>Veggies, dip, pickles, crackers</p>
<p>6. Melba toast, cream cheese, oranges</p> <p>Broccoli & Cheese Quiche, Mac & Cheese, Raw Green Beans, Milk</p> <p>Humus, pitas, peppers</p>	<p>7. Rice crispies, milk, bananas</p> <p>Chicken/Veggie/Cheese Wraps, Macaroni/Tuna Salad, Peppers, Milk</p> <p>Cheese, crackers, cantaloupe</p>	<p>8. Toast, eggs, plums.</p> <p>Spaghetti & Meat Sauce, Caesar Salad, Milk</p> <p>Watermelon, graham wafers.</p>	<p>9. Tea biscuits, berry spread, apples</p> <p>Turkey, Mashed potatoes, corn , peas, buns, gravy, milk, cranberry sauce</p> <p>Nectarines, crackers</p>	<p>10. Blueberry muffins, applesauce.</p> <p>Cheese burgers, lettuce, tomatoes, cucumber slices, milk</p> <p>Frozen yogurt tubes, pretzel crackers.</p>
<p>13.</p> <p>Closed</p>	<p>14. Shreddies, milk, Peaches</p> <p>Tomato macaroni soup, grilled cheese sandwiches, cucumber slices, milk</p> <p>Apples, oatmeal cookies.</p>	<p>15. Raisin toast, pineapple</p> <p>Pulled Pork, Buns, Coleslaw, garden salad, Milk</p> <p>Fruit fiesta, animal crackers</p>	<p>16. Pancakes, berries</p> <p>Chicken/Veggie Fajitas, Rice Pilaf, Cucumber Milk</p> <p>Bananas, breadsticks, wow butter</p>	<p>17. Vanilla yogurt, berries</p> <p>Turkey stew, buns, cucumbers, milk</p> <p>Graham wafers apple slices</p>
<p>20. Rye Toast, Blueberries</p> <p>Sub sandwiches, potato salad, coleslaw, milk</p> <p>Cheese, crackers, apples</p>	<p>21. Banana muffins, apple sauce</p> <p>Scrambled eggs, roasted potatoes, peas, bread, milk</p> <p>Oranges, trail mix.</p>	<p>22. Toast, avocado, eggs</p> <p>Meatloaf, mashed potatoes, cooked carrots, milk</p> <p>Naan bread, cream cheese, cucumbers</p>	<p>23. Cheerios, milk, plums</p> <p>Roasted chicken, pasta parmesan, pepper slices, milk</p> <p>Fruit yogurt, bread sticks</p>	<p>24. Bagels, cream cheese, pears</p> <p>Lasagna, salad, garlic bread, milk</p> <p>Cocoa Zucchini loaf, bananas</p>

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