

July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>14. Cheerios, milk, bananas</p> <p>Lasagna, salad, garlic bread, milk</p> <p>Veggies, dip, crackers</p>	<p>15. Rye toast, fruit spread, plums</p> <p>Meat loaf, mashed potatoes, peas, carrots, milk</p> <p>Apple sauce, bread sticks</p>	<p>16. Fruit yogurt, granola</p> <p>Chicken, veggie quesadilla, rice, salsa, sour cream, milk</p> <p>Fruit fiesta, rice crackers.</p>	<p>17. Oatmeal, apples, cinnamon</p> <p>Pulled pork, mashed potatoes, peas, corn, milk</p> <p>Cocoa zucchini bars, bananas</p>	<p>18. Bagels, cream cheese, melon</p> <p>Ham, Macaroni & cheese, Pepper slices, milk</p> <p>Apple slices, cheese, ritz crackers.</p>
<p>21. English muffins, plums</p> <p>Chicken/vegetable soup, sandwiches, crackers, milk</p> <p>Yogurt tubes, graham wafers</p>	<p>22. Cheerios, milk, oranges</p> <p>Cheese Burgers, lettuce, tomatoes, pasta salad, milk</p> <p>Apples, wow butter, ritz crackers</p>	<p>23. Tea biscuits, berries</p> <p>Broccoli/cheese quiche, salad, bread, milk</p> <p>Oranges, trail mix</p>	<p>24. Banana Muffins, Apple sauce</p> <p>Chicken, fried rice, pepper slices, milk</p> <p>Nann bread, cream cheese, cucumbers</p>	<p>25. Toast with avocado</p> <p>Mini deluxe pizza, salad</p> <p>Trail mix, watermelon</p>
<p>28. Vanilla yogurt, berries</p> <p>Scrambles eggs, roasted potatoes, peas, bread, milk</p> <p>Oranges, graham wafers</p>	<p>29. Cornflakes, bananas, milk</p> <p>Cheddar Cauliflower, potato soup, crackers, variety of sandwiches, crackers, milk</p> <p>Banana, wow butter wraps</p>	<p>30. Bagels, cream cheese, apples</p> <p>Chicken/vegetable stew, sliced cucumbers, buns</p> <p>Oatmeal raisin cookies, melon</p>	<p>31. Blueberry muffins, plums</p> <p>Salmon nuggets, pasta parmesan, peas, carrots, milk</p> <p>Vegetables dip, crackers</p>	<p>Aug 1. Rye toast, blueberries</p> <p>Sub sandwiches, Potato salad, coleslaw, milk</p> <p>Cheese Crackers, apples.</p>