

NEWSLETTER

FIRST ADVENTURE CHILD DEVELOPMENT CENTRE

June 2025



At First Adventure we believe that creating a culture of caring in children's earliest years builds a foundation for caring. Children begin caring for themselves, caring for each other, and caring for the community at large.

Visit Our Website at: www.firstadventure.ca

Bridge Street Campus: 613-962-3474
Georges Vanier Campus: 613-969-8316 or 613-848-6063

The nicer weather will soon be here which means the children will be outdoors at the end of day.

We ask that parents leave messages for the educators on Seesaw regarding any changes to pickup after 4:00 p.m. as there will be no one in the office to answer the phone and relay messages.



Spring has finally arrived which brings the warm weather. Please dress your children in weather appropriate attire for the outdoors. This includes a light jacket, rubber boots, and a bucket hat that covers the neck and ears from the sun.

Upcoming Closures

Tuesday, July 1: Canada Day

Monday, August 4: Civic Holiday

Aug 25-29: Closed for Holidays

Monday, September 1: Labour Day



The 2024-25 school year is almost over but we still have one more PA day for the school aged children at Georges Vanier. If you will be in need of PA Day care for your school aged child, please contact Brittany at 613-969-8316 to inquire about space.

Final PA Day:
Friday, June 27



June 2025 Program Spotlight- Preschool Program with Alison O'Bryan

Over the past few weeks, our primary care group has been exploring the concept of kindness—what it means and how we can express it in our daily interactions with peers, family, and the wider community. Together, we read *Be Kind* by Pat Zietlow Miller, a thoughtful story that highlights many meaningful examples of kind behaviour.



Inspired by the book, the children have engaged in thoughtful discussions and have been putting what they've learned into practice, both in the classroom and at home. To celebrate their actions, we are adding apples to our "Kindness Tree" each time a child demonstrates a kind act. This growing tree serves as a beautiful reminder of the compassion and empathy blossoming within our group.



The children become excited as they see more apples appear on our Kindness Tree. They take pride in their contributions and are eager to share their accomplishments with those who enter our space. These moments offer valuable opportunities to reflect on how their thoughtful actions positively influence those around them. Families have been enthusiastic in sharing how their children are displaying acts of kindness at home, highlighting the meaningful growth in both their understanding and their confidence.

Showing kindness by being helpful



During a discussion about being helpful, the children reflected on the story *Be Kind*, which mentioned stacking dishes in the sink. Rather than simply stacking them, the children suggested they could "help with the dishes." When asked what that meant, they proudly responded, "Washing them for our mom and dad." What thoughtful and insightful responses!

Alison then asked how we might extend that kindness to helping Kelly, our kitchen staff member, here at daycare. Initially, the children were unsure since they don't typically visit the kitchen. Together, we brainstormed and decided that rinsing our dishes after snacks and lunch could be a meaningful way to help Kelly by saving her a step in the cleaning process.

The children were enthusiastic about this new responsibility and eagerly began rinsing their dishes at lunchtime., which we now implement daily. Kelly was pleasantly surprised and touched to see all the rinsed lunch dishes, and she warmly thanked the children for their thoughtful gesture.

