

October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>English Muffins 30 Oranges</p> <p>Chicken/veggie Quesadillas, Brown Beans, sour Cream, Salsa, Milk</p> <p>Apples, Pita & Pea Butter</p>	<p>Cornflakes, milk 1 Bananas</p> <p>Cream Chicken Soup, Sub Sandwiches, Peppers, Milk</p> <p>Trail mix, Melon</p>	<p>Applesauce & 2 Granola</p> <p>Spaghetti, meat sauce, Garlic Bread, cucumber slices, milk</p> <p>Melba toast & Cream Cheese, fresh fruit</p>	<p>Pumpkin Muffins 3 Apples</p> <p>Broccoli & Cheese Quiche, Mac & cheese Peas, Milk (tods ham no quiche)</p> <p>Breton Crackers, Pears</p>	<p>Overnight Oatmeal 4 Blueberries</p> <p>Taco Bake, Rice, Peas, Raw peppers, Salsa, Milk</p> <p>Cheese, Triscuits, Fruit Fiesta</p>
<p>English Muffins, 7 Oranges</p> <p>Tomato /macaroni soup, grilled cheese sandwiches, raw veggies, milk</p> <p>Graham wafers & Apples</p>	<p>Apples, Raisin 8 Toast</p> <p>Roasted Chicken, Rice Pilaf, green Beans, Milk</p> <p>Zucchini Bread & melon</p>	<p>English Muffins Eggs 9 & Bananas</p> <p>Salmon nuggets, Roasted potatoes & Carrots, peas, milk</p> <p>Pita, Cream Cheese, Cucumber</p>	<p>Raisin Bagels 10 Orange Slices</p> <p>Turkey, Stuffing, Mashed Potatoes, green beans, gravy, cranberries, milk</p> <p>Apple Pie, Vanilla Ice Cream</p>	<p>Cheerios, Plums, 11 Milk</p> <p>Meatballs, Macaroni & cheese, peas, raw peppers, milk</p> <p>Bananas, Nann bread & Pea butter</p>
<p>14</p> <p>Closed for Thanksgiving</p>	<p>Bagels, Berries, 15 Cream Cheese</p> <p>Chili, Buns, Cucumber, milk</p> <p>Wow Butter/ bananas Wraps</p>	<p>Yogurt, granola 16 Fresh Fruit</p> <p>Chicken Fajitas, Rice Pilaf, mixed veggies, milk</p> <p>Crackers, cheese, raw veggies</p>	<p>Oatmeal, Raisins & 17 Apples</p> <p>Ham & cheese quiche, Mac & Cheese, Peas, Carrots, Milk <i>Infants Baked Ham no quiche</i></p> <p>Melon, Trail Mix</p>	<p>Raisin toast, Apples 18</p> <p>Shepherd's Pie, Broccoli, Bread Sticks, milk</p> <p>Oatmeal Cranberry & Raisin Cookies, pears</p>
<p>Fruit Fiesta, 21 Cereal</p> <p>Chicken/veggie Quesadillas, Rice, Beans, Salsa, sour Cream, Milk</p> <p>Pita, hummus, tomatoes & cucumber</p>	<p>Melba toast, 22 Cream Cheese, fruit</p> <p>Turkey/veggie/Rice soup, deluxe pizzas, milk</p> <p>Apple crisp & ice cream</p>	<p>Eggs, Rye Toast 23 <i>Infants Pea butter & toast</i></p> <p>Pulled Pork, Gravy, Green Beans, Buns, Roasted Potatoes, Milk</p> <p>Rice cakes, wow butter, pears</p>	<p>English Muffins, 24 Cheese Chunks, apples</p> <p>Lasagna, Salad, Buns, Milk</p> <p>Yogurt Tubes & graham wafers</p>	<p>Rice Crispies milk, 25 bananas</p> <p>Salmon nuggets, Macaroni & cheese, Rosted Carrots, Raw Peppers milk</p> <p>Cantaloupe & Triscuits</p>
<p>Apples, Raisin 28 Toast</p> <p>Meatballs, Rice, Corn, Buns, Milk</p> <p>Pickles, Cheese, Crackers</p>	<p>Cereal, fruit, Milk 29</p> <p>Chicken, Fried Rice, Roasted Carrots, Milk</p> <p>Granola & fresh fruit</p>	<p>Wow butter banana 30 wraps</p> <p>Ham, Roasted, Potatoes, Peas, Bread, Milk</p> <p>Pumpkin Bread, Bananas</p>	<p>Yogurt Fruit, Granola 31</p> <p>Broccoli/cheese quiche, rice & green beans, milk <i>Infants Chicken, rice, green beans</i></p> <p>Melon, Trail Mix</p>	<p>Bagels, Cream 1 Cheese, Oranges</p> <p>Beef/Veggie/Barley soup, Sub sandwiches, Milk</p> <p>Graham Wafers, Plums</p>