

NEWSLETTER

FIRST ADVENTURE CHILD DEVELOPMENT CENTRE

July 2024



At First Adventure we believe that creating a culture of caring in children's earliest years builds a foundation for caring. Children begin caring for themselves, caring for each other, and caring for the community at large.

Visit Our Website at: www.firstadventure.ca

Bridge Street Campus: 613-962-3474
Georges Vanier Campus: 613-969-8316 or 613-848-6063



First Adventure will be celebrating its 50th Anniversary on September 28th from 11 am to 2 pm. We are currently in the planning stages to recognize this momentous occasion.

If you are interested in helping Debbie and the board of directors plan this event, please contact Debbie at 613-962-3474 or dmilne@firstadventure.ca.

First Adventure will be closed the week of August 26-30 as per the Parent Handbook to give our staff a much deserved summer break. We will reopen after the September long weekend on Tuesday, September 3. We would like to wish all of our staff and families a wonderful holiday.



First Adventure will be having a visitor from Hastings & Prince Edward Public Health to host Dental Screening for the children. This will take place on Friday August 16th. A poster and waiver will be sent out in an email to all families. We ask that you sign the waiver and return it to your child's teacher if you would like your child to participate.



We are currently under construction in the lower level. The contractors are working very diligently to get all of the renovations finished during the month of July so we can welcome back the preschoolers to a brand new classroom. We want to express our appreciation to all of the families for being so understanding during this time.

JULY SPOTLIGHT by Ashley Matwyuk- Infant/Toddler Educator



Importance of Sensory Play

Infants and toddlers learn everything through their bodies. By offering them opportunities where they explore various materials, textures, sounds, smells, and visual stimuli, opens the door for growth and learning. This type of play can surpass the traditional boundaries of structured activities and invites children into a world of unbounded exploration. Sometimes it is messy and sometimes it is not, sometimes it is simple and sometimes it is more complex, however it is always beneficial.

Three of the greatest benefits of sensory play are:

Self-Regulation: Sensory play fosters self-regulation. When children are given the opportunity to control their sensory experiences, it empowers them to manage their emotions and reactions in other areas of development and growth

Exploration: Sensory play provides a safe space for exploration. Children get to investigate new textures, smells, and sounds, building on their natural curiosities and expanding their understanding of the world. This form of inquiry nurtures their cognitive and sensory processing abilities.

Problem-Solving: Sensory play often involves open-ended materials that encourage problem-solving. Children are encouraged to explore and find solutions. Whether they are learning how to manipulate materials, creating masterpieces, or investigating measurement there is always a solution that must be found when participating in sensory play.