

## August 2024 MENU

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|--|---|--|---|
| July 29 Cornflakes Milk Oranges<br><br>Chicken/veggie Quesadillas, Brown Beans, Sour Cream, Salsa, Milk<br><br>Cheese, Crackers & Peaches | Blueberry Muffins 30<br>Blueberries<br><br>Veggie/Cheddar Quiche,(tods Ham & Cheese macaroni)<br>Broccoli Salad, milk<br><br>Bananas & Breadsticks | Cheerios, Milk 31<br>Oranges<br><br>Meatballs, Rice, Peas Peppers, Milk,<br><br>Pears & Arrowroot Cookies   | Aug. 1 Raisin Toast, Peaches<br><br>Chicken/Veggie Fajitas, Rice Pilaf, Cucumber Milk<br><br>Graham Wafers Applesauce          | English Muffins, Cream 2<br>Cheese, Watermelon<br><br>Lasagna, tossed Salad, Milk<br><br>Veggies, dip, Triscuits                |
| 5<br><br>Closed for the Civic Holiday   | Bagels, Cream Cheese 6<br>Apples<br><br>Sub Sandwiches, Tomato Macaroni Soup, Milk<br><br>Fruit Fiesta & Trail mix                                 | Plums, Yogurt 7<br><br>Cheese Hamburgers, Roasted Sweet Potatoes, Tomato Slices, Milk<br><br>Watermelon, Arrowroots                                 | Applesauce, Granola 8<br><br>Cob Salad with chicken & avocado, Deluxe Pizza, Milk<br><br>Frozen Yogurt tubes, Pretzel Crackers | Rice Crispies, Milk 9<br>Bananas<br><br>Salmon Nuggets, Mac & Cheese, Roasted Carrots, peas, Milk<br><br>Oranges, Pumpkin Bread |
| Raisin Toast, Apples 12<br><br>Taco Bake, Brown Beans, Salsas, Sour Cream, Peppers Milk<br><br>Pears, Graham Wafers                       | Melba Toast & 13<br>Cream Cheese, Oranges<br><br>Chicken/Veggie Stir fry, Fried Rice, Corn on the cob, Milk<br><br>Crackers, Veggies & dip         | Pea Butter/banana 14<br>Wraps<br><br>Broccoli & Cheese Quiche, (tods ham) Mac & Cheese, Raw Green Beans, Milk<br><br>Berries & Craisin Granola Bars | Cheerios, Milk 15<br>Berries<br><br>Meatballs, Mashed Potatoes, Peas, Cucumber, Milk<br><br>Nectarines & Graham Wafers         | Eggs, Toast, Apples 16<br><br>Pulled Pork, Buns, Coleslaw, Corn on the Cob, Milk<br><br>Pita, Cream Cheese, Cucumber            |
| English Muffins, 19<br>Cream Cheese, Oranges<br><br>Mini Deluxe Pizza, Cob Salad, Milk<br><br>Apples & Oatmeal cookies                    | Granola, Yogurt , 20<br>Berries<br><br>Chicken/Veggie/Cheese Wraps, Macaroni/Tuna Salad, Peppers, Milk<br><br>Pears, Melba Toast & Cream Cheese    | Toasted Bagels & 22<br>Cream Cheese, Pears<br><br>Sub Sandwiches, Tomato/Macaroni Soup, Milk<br><br>Cheese, Crackers & veggies                      | Rice Crispies, Milk 21<br>Bananas<br><br>Salmon Nuggets, Rice, Peas, Caesar Salad, Milk<br><br>Peaches & Trail Mix             | Cheerios, Milk, apple 23<br><br>Spaghetti & Meat Sauce, Caesar Salad, Milk<br><br>Pita, Humus & Cucumber                        |
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