

May Menu 2023

<p>Fruit Yogurt, granola 1</p> <p>Taco Bake, Brown Beans, Salsa, Sour Cream, Milk</p> <p>Naan Bread, Cream Cheese, Orange Smiles</p>	<p>Bagels, Fruit Spread 2</p> <p>Chicken/Veggie/noodle Soup, Sub Sandwiches, Milk</p> <p>Apples & arrowroots</p>	<p>Cheerios, Milk, 3 Berries</p> <p>Meatballs, Rice, Broccoli, Peppers, Milk</p> <p>Cranberry Ginger Granola Bars, Plums</p>	<p>English Muffins 4 Wow Butter, Bananas</p> <p>Ham & Cheese Quiche, Mac & Cheese, Peas, Cucumbers, Milk</p> <p>Veggies & Dip, Crackers</p>	<p>Cantaloupe 5 Trail Mix</p> <p>Spaghetti & meat sauce, Salad, Milk</p> <p>Frozen Fruit Yogurt Tubes, Graham Wafers</p>
<p>Raisin toast, 8 Orange slices</p> <p>Roast Chicken, Mashed Potatoes, Green Beans, Milk</p> <p>Pita with cream Cheese & cucumber</p>	<p>Toast, Eggs 9 Apples</p> <p>French Toast, Sweet Potato Wedges, Berries, Milk</p> <p>Blueberry Muffins & Plums</p>	<p>Applesauce, 10 Granola</p> <p>Cheese Burgers, Cob Salad, Potato Wedges, Milk</p> <p>Melon, Triscuits</p>	<p>Melba toast, Cream 11 Cheese, Berries</p> <p>Chicken/veggie Quesadillas, Salsa, Broccoli Salad, Salsa, Sour Cream, Milk</p> <p>Fruit Yogurt & Granola</p>	<p>Pears, Toast, 12</p> <p>Salmon Nuggets, Green beans, Spanish Rice, Milk</p> <p>Pickles, Cheese & Crackers</p>
<p>Banana/Wow Butter 15 Wraps</p> <p>Vegetarian Chili, Raw Veggies, Garlic Bread, Milk</p> <p>Trail Mix & Apples</p>	<p>Bagels, Cream 16 Cheese, Cantaloupe</p> <p>Chicken/Veggie/cheese Wraps, Tomato/Mac Soup, Milk</p> <p>Watermelon, Graham Wafers</p>	<p>Plums & English 17 Muffins</p> <p>Red & Green Peppers Cheese & broccoli quiche, Rice Pilaf, Milk</p> <p>Apple Sauce & Granola</p>	<p>Orange Smiles, 18 Raisin Toast,</p> <p>Lasagna, Salad, Milk</p> <p>Bananas, melba Toast & cream cheese</p>	<p>Rice Crispies, 19 Milk Berries</p> <p>Mac & Cheese, Chicken, Peas, Milk, Cucumber Slices</p> <p>Fruit Granola Bars, Apple slices</p>
<p style="text-align: right;">22</p> <p>Closed for Victoria Day</p>	<p>English Muffins 23 Pea Butter, Apple Slices</p> <p>Beef/Veggie/Barley Soup, Grilled Cheese Sandwiches, Cucumber slices, Milk</p> <p>Frozen Fruit Yogurt Tubes, Frozen Berries</p>	<p>Bagels, Oranges 24 Milk</p> <p>Baked Chicken, mixed veggies, Rice, raw peppers, Milk</p> <p>Peaches & pumpkin bread</p>	<p>Cornflakes, milk 25 Plums</p> <p>Meatloaf, Mashed potatoes, peas, buns milk</p> <p>Bananas, Triscuits & Cheese</p>	<p>Eggs, Toast, Pears 26</p> <p>Salmon Nuggets, Broccoli/cauliflower Salad, Rice, Corn, Milk</p> <p>Cantaloupe & Animal Crackers</p>