

**March 2023**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>6 Cheese Chunks Toast, Apples</p> <p>Broccoli &amp; cheese quiche, Macaroni &amp; cheese, Peas milk</p> <p>Melba Toast, cream cheese, oranges</p>	<p>7 Cheerios, Milk Cantaloupe</p> <p>Shepherd's pie, cucumber, bread, milk</p> <p>Pears, yogurt</p>	<p>8 English muffins, Clementines</p> <p>Chicken, Green Beans, Rice, raw peppers, milk</p> <p>Graham wafers, plums</p>	<p>9 Mini wheats, berries, milk</p> <p>Meatballs, Roasted Carrots and roasted Potatoes, Milk</p> <p>Ginger/Cranberry Granola bars, apples</p>	<p>10 Bananas, raisin Bagels</p> <p>Tomato Macaroni Soup, Sub Sandwiches, Milk</p> <p>Crackers, cheese, veggies</p>
<p>13 Cornflakes, Berries, milk</p> <p>French Toast, Syrup, green beans, Roast Potatoes, Milk</p> <p>Clementines, Breadsticks</p> <p><b>March Break week</b></p>	<p>14 Raisin Toast, bananas</p> <p>Spaghetti &amp; meat sauce, cucumbers, milk</p> <p>Apple crisp, Vanilla Ice cream</p>	<p>15 Toasted English muffins, pea butter</p> <p>Chicken stew, Buns, cucumbers, milk</p> <p>Pears, Naan Bread, Humus</p>	<p>16 Cheerios, plums, milk</p> <p>Cheeseburgers, cucumbers, shredded lettuce, Roasted Sweet Potatoes, milk</p> <p>Apple sauce &amp; granola</p>	<p>17 Eggs, toast, fruit fiesta</p> <p>Salmon nuggets, rice, peppers, corn, milk</p> <p>Apple Sauce, graham wafers</p>
<p>20 Vanilla Yogurt Granola, plums</p> <p>Chicken/Veggie quesadillas, sour cream, Salsa, Brown Beans, milk</p> <p>Veggies &amp; Dip, crackers</p>	<p>21 Toasted Bagels orange slices</p> <p>Lasagna, buns, cucumbers, milk</p> <p>Frozen Fruit yogurt tubes &amp; apples</p>	<p>22 Pancakes, Syrup &amp; berries</p> <p>Scrambled eggs, roasted potatoes, peas, Rye Bread, milk</p> <p>Melba Toast, Cream Cheese, Plums</p>	<p>23 English Muffins, pears</p> <p>Beef/veggie/barley soup, Grilled Cheese, raw veggies, milk</p> <p>Banana, Wow butter Wrap</p>	<p>24 Cereal, fruit fiesta</p> <p>Roasted chicken, milk pasta with tomato sauce, mixed veggies, milk</p> <p>Fruit Granola bars, pears</p>
<p>27 Raisin toast, peaches</p> <p>Chili, peppers, French Bread, milk</p> <p>Pita, Cheese, Pickles</p>	<p>28 Corn flakes, milk &amp; Berries</p> <p>Salmon Nuggets, Mac &amp; Cheese, broccoli, cucumber, milk</p> <p>Oatmeal cookies, Apples</p>	<p>29 Pears, English muffins</p> <p>Chicken/Veggie Stir Fry, Fried Rice, milk</p> <p>Triscuits, Cheese cucumbers</p>	<p>30 Bagels, cream cheese, oranges</p> <p>Minestrone soup, Mini Pizza, milk</p> <p>Frozen fruit yogurt tubes, Graham Wafers</p>	<p>31 Eggs, toast, Apples</p> <p>Meatloaf, gravy, peas, mashed potatoes, buns, milk</p> <p>Cocoa Zucchini bread, plums</p>