May Menu 2021

Fruit Yogurt, granola 3	Bagels, Avocados 4	English Muffins, 5 Pea butter, Pears	Toast, Eggs 6 Berries	Cantaloupe 7 Trail Mix
Spaghetti, Meat sauce,	Chicken/Veggie/nood	·		
Garlic Bread,	le Soup, Mini Deluxe	Taco Bake, Tossed	Roast Pork, Mashed	Salmon Nuggets,
Cucumbers, Milk	Pizza, Milk	Salad, Salsa, Sour	Potatoes, Peas, Milk,	Pasta Parm, Peas,
Naan Bread, Cream	Plums & arrowroots	Cream, Milk	buns	cucumber, Milk
Cheese, Orange Smiles	Plums & arrowroots	Rice Cakes, Veggies, dip	Banana, Granola	Cocoa Zucchini Bread Apples
Raisin toast, 10 Orange slices	Apples, Yogurt 11	Applesauce, 12 Granola	Cheerios, Melon 13	Pears, Toast, 14
	French Toast, Sweet		Chicken/veggie	Meat Balls, Peas,
Roast Chicken, Pasta	Potato Wedges,	Cheese Burgers, Cob	Quesadillas, Salsa,	Carrots, Rice Pilaf,
Green Beans, Raw Peppers, Milk	Berries, Milk	Salad, Potato Wedges, Milk	Broccoli Salad, Salsa, Sour Cream, Milk	Milk
	Pears, Triscuits &			*** *** ***
Pita with veggies &	Cream Cheese	Oatmeal Cookies &	D 0 W	Water Melon, Melba
cheese		Plums	Bananas & Wow	Toast & Cream Cheese
			butter wraps	Cheese
Toasted English 17	Bagels, Cream 18	Plums & English 19	Cheese Chunks 20	Rice Crispies, 21
Muffins, Bananas	Cheese, Cantaloupe	Muffins	Raisin Toast,	Milk Berries
Vegetarian Chili, Raw	Chicken/Veggie/	Lasagna, Salad, Milk	Red & Green Peppers	Mac & Cheese,
Veggies, Garlic Bread,	cheese Wraps,		Cheese & broccoli	Chicken, Peas, Milk,
Milk	Tomato/Mac Soup,	Fruit yogurt, Granola	quiche, Spinach &	Cucumber Slices
	Milk		strawberry salad, Milk	
Trail Mix & Apples				Apple wedges &
	Banana Bread,		Bananas, melba Toast	graham wafers
	Orange Smiles		& cream cheese	
	English Muffins 25	Bagels, Berries 26	Cornflakes, milk 27	Eggs, Toast, Pears 28
	Pea Butter, Apple	Milk	Orange Slices	C 1 N
Closed for	Slices	Pakad Chialan mivad	Mostloof Machad	Salmon Nuggets,
Closed for Victoria Day	Beef/Veggie/Barley	Baked Chicken, mixed veggies, Rice, raw	Meatloaf, Mashed potatoes, peas, buns	Broccoli/cauliflower Salad, Rice, Corn,
VICIOIIa Day	Soup, Grilled Cheese	peppers, Milk	milk	Milk
	Sandwiches,	r - r r - r - r - r - r - r - r - r - r		
	Cucumber slices,	Cantaloupe & Animal	Bananas, Triscuits &	Watermelon &
	Milk	Crackers	Cheese	pumpkin bread
	Humus & Pita,			
	Cucumber			