

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CLOSED</p>	<p>3</p> <p>Bagels, cream cheese, apples</p> <p>Veggie and cheese quiche, roasted potatoes, berries, milk</p> <p>Trail mix, plums</p>	<p>4</p> <p>Cheerios, milk, pears</p> <p>Shepherd's pie, salad, buns, milk</p> <p>Cheese, rice crackers, cucumber</p>	<p>5</p> <p>Raisin toast, butter, banana</p> <p>Chicken parm, pasta, garlic bread, raw veggies, milk</p> <p>Animal crackers, oranges</p>	<p>6</p> <p>Oatmeal, apples</p> <p>Beef, veggie barley soup, sandwiches, peppers, milk</p> <p>Banana bread, mango</p>
<p>9</p> <p>Yogurt, kiwi</p> <p>Tomato macaroni soup, grilled cheese, cucumbers, milk</p> <p>Rice cakes, veggies, dip</p>	<p>10</p> <p>Cheerios, berries</p> <p>Pork roast, mashed potatoes, buns, corn, milk</p> <p>Cheese, wheat thins, cucumbers</p>	<p>11</p> <p>Melba toast, cream cheese oranges</p> <p>Chicken quesadillas, sour cream, salad, milk</p> <p>Trail mix, apples</p>	<p>12</p> <p>Bagels, mango</p> <p>Beef stew, naan bread, zucchini, milk</p> <p>Yogurt tubes, pears</p>	<p>13</p> <p>Eggs, toast</p> <p>Baked fish, rice, corn, tomato cucumber salad, milk</p> <p>Oatmeal cookies, plums</p>
<p>16</p> <p>Applesauce, raisin toast</p> <p>Roasted chicken, rice, peas, corn, milk</p> <p>Graham wafers, yogurt tubes</p>	<p>17</p> <p>Blueberry muffins, berries</p> <p>Broccoli and cheese quiche, salad, peas, milk</p> <p>Cheese, raw veggies</p>	<p>18</p> <p>Toast, plums</p> <p>Roast beef, mashed potatoes, buns, corn, milk</p> <p>Pita, hummus, cucumber</p>	<p>19</p> <p>Banana, cheerios</p> <p>Chili, garlic bread, raw mushrooms, peppers, milk</p> <p>Triscuits, cream cheese, tomatoes</p>	<p>20</p> <p>cheese, apples</p> <p>French toast, berries, roasted potatoes, milk</p> <p>Carrot bread, melon</p>
<p>23</p> <p>Melba toast, avocados</p> <p>Roast pork, pasta parm, peas, corn, milk</p> <p>Yogurt, trail mix</p>	<p>24</p> <p>Applesauce, granola</p> <p>Salmon nuggets, roasted potatoes, mixed veggies, milk</p> <p>Zucchini bread, mango</p>	<p>25</p> <p>Oranges, raisin toast</p> <p>Chicken potato bake, bread corn, milk</p> <p>Raw beans, melba toast, cream cheese</p>	<p>26</p> <p>Mini wheats, milk, berries</p> <p>Minestrone soup, sandwiches, peppers, milk</p> <p>Cheese, veggies, dip</p>	<p>27</p> <p>Bananas, English muffins,</p> <p>Meatballs, potatoes, buns green beans, milk</p> <p>Rice cakes, wow butter, pears</p>