

June 2019 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
English Muffins 3 Cream Cheese & Plums Spaghetti & Meat Sauce, Garlic Bread, Tomato/Cucumber salad, Milk Pears & graham wafers	Yogurt & Berries 4 Veggie & Cheese & Quiche, Cooked Carrots, Rice, Milk Apples/ Cheese/Triscuits	Cheerios, Milk 5 Oranges Beef/Veggie Quesadillas, Peppers, Sour Cream, Salsa, Roasted Potatoes, Milk, Bananas & Breadsticks	Raisin Toast, 6 Peaches Cob Salad, Mini Deluxe Pizza, Milk Oatmeal Cookies, Applesauce	Melba Toast, Cream 7 Cheese, Watermelon Chicken/Veggie/Noodle Soup, Sandwiches, Cucumber Slices, Milk Veggies & Dip
Cornflakes, Berries 10 Milk Potato /Chicken Bake, Peas, Zucchini Coins, Bread, Milk Pea butter & Triscuits, Pears	Bagels, Cream Cheese 11 Apples Salmon Nuggets, Rice, Corn, pepper slices, Milk Fruit Fiesta & Trail mix	Plums, Yogurt 12 Beef/veg/barley Soup, Cream Cheese/wraps, Cucumber Slices, milk Bananas, Cocoa Zucchini Bread	Applesauce, Granola 13 French Toast, Blueberries, Roasted Potatoes , Milk Watermelon & Graham Wafers	Rice Crispies, Milk 14 Strawberries Meatballs, Rice, Corn, Raw beans, Milk Cheese, Crackers & Melon
English Muffins, 19 Cheese Chunks, Oranges Chili, Garlic Bread, Raw Peppers, Milk Plums & Banana Bread	20 Cinnamon Toast, Applesauce Chicken/Veggie Quesadillas, Salsa, Broccoli Salad, Milk Rice Crackers, Humus &Veggies	Yogurt, Apple 21 Granola Hamburgers, Pasta Parmesan, Tomato Slices, Corn on the Cob, Milk Pears & Arrowroots	Cheerios, Milk 20 Oranges Baked Fish, Rice, Peas, Raw Carrots, Milk Strawberries & Graham Wafers	Raisin Toast, Apple 21 Broccoli & Cheese Quiche, Roasted Potatoes, Milk Bananas & Yogurt Dip
English Muffins, 24 Cream Cheese, Pineapple Mini Deluxe Pizza, Cob Salad, Milk Pears, Graham Wafers	Melba toast, Cream 25 Cheese, Applesauce Taco Bake, Broccoli/Cauliflower Salad, Milk Triscuits, Cheese & Water melon	Rice Crispies, Milk 26 Oranges Meatballs, Rice, Corn, Raw peppers, Milk Peaches& Trail Mix	Toasted Bagels & 27 Cream Cheese, Pears Salmon Nuggets, Pasta, Peas, Cucumber, Milk Pita, Humus & Cucumber	Fruit Muffins, 28 Bananas Chicken, Rice, Corn, Carrots, Milk Oatmeal Cookies, Cantaloupe